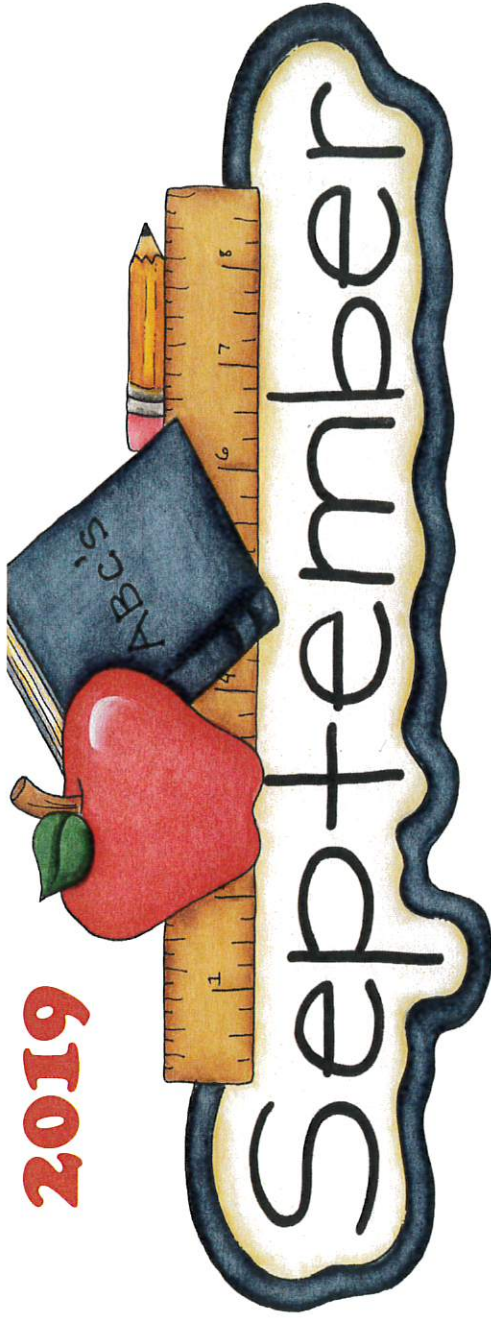


2019

**Madison County  
PK-8 Schools  
Lunch Menu**

**An equal  
opportunity  
provider &  
employer.**



# September

*Menus are  
subject to  
change.*

**Tuesday, Sept 3**

Pepperoni Pizza  
Corn  
Vegetable Medley  
Fruit  
Low/No Fat Milk

**Wednesday, Sept 4**

Chicken Tetrazzini  
Sliced Carrots  
Butter Beans  
Fruit  
WG Roll  
Low/No Fat Milk

**Thursday, Sept 5**

Lasagna w/Meat  
Sauce  
Corn on Cob  
Green Beans  
Fruit  
WG Roll  
Low/No Fat Milk

**Friday, Sept 6**

Chicken Quesadilla  
Sweet Potato Tots  
Steamed Broccoli  
Fruit  
Low/No Fat Milk



**9/11/2001 ♦ We Remember**

**Tuesday, Sept 9**

Chicken Nachos  
w/Cheese &  
Salsa  
Corn  
Steamed Broccoli  
Fruit  
Low/No Fat Milk

**Wednesday, Sept 10**

Spaghetti w/Meat  
Sauce  
Vegetable Medley  
Green Peas  
Fruit  
WG Roll  
Low/No Fat Milk

**Thursday, Sept 11**

Ham  
Greens  
Yams  
Frozen Swirl Fruit  
Cup  
Cornbread  
Low/No Fat Milk

**Friday, Sept 12**

BBQ Chicken  
Mashed Potatoes  
Green Beans  
Fruit  
WG Roll  
Low/No Fat Milk

**Friday, Sept 13**

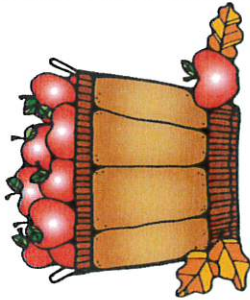
Crispy Chicken  
Nuggets  
Potato Smiles  
Broccoli w/Ranch  
Fruit  
WG Roll  
Low/No Fat Milk



*Created by EdScratch.com*

# HOWDY,

# FALL!



Monday, Sept 16

Pepperoni Pizza  
Corn  
Vegetable Medley  
Fruit  
Low/No Fat Milk

Tuesday, Sept 17

Salisbury Steak  
Mashed Potatoes  
w/Gravy  
Butter Beans  
Fruit  
WG Roll  
Low/No Fat Milk

Wednesday, Sept 18

Brunch- 4- Lunch  
Mini Maple  
Pancakes  
Sausage  
Tater Tots  
Salsa  
Fruit  
Low/No Fat Milk

Thursday, Sept 19

PBJ Uncrustable  
Steamed Broccoli  
Carrots w/Ranch  
Fruit  
Low/No Fat Milk  
  
EARLY RELEASE

Friday, Sept 20

Beef Nachos  
w/ Cheese &  
Salsa  
Corn  
Refried Beans  
Fruit  
Low/No Fat Milk



**“Anyone who does anything to help a child is a hero to me.”**

**— Fred Rogers**



If you see something, say something®

NATIONAL AWARENESS DAY | SEPT 25



## Fruits and vegetables

contain important vitamins, minerals and plant chemicals. They also contain fiber. ... A diet high in fruit and vegetables can help protect you against cancer, diabetes and heart disease. Eat five kinds of vegetables and two kinds of fruit every day.

Monday, Sept 23

Corndog  
Sweet Potato Tots  
Broccoli w/Ranch  
Fruit  
Low/No Fat Milk

Tuesday, Sept 24

Beefy Beef-a-Roni  
Green Peas  
Vegetable Medley  
Frozen Swirl Fruit  
Cup  
WG Roll  
Low/No Fat Milk

Wednesday, Sept 25

Chicken & Rice  
Garden Peas  
Sliced Carrots  
Fruit  
WG Roll  
Low/No Fat Milk

Thursday, Sept 26

Country Fried Steak  
Mashed Potatoes  
w/Gravy  
Yellow Squash  
WG Roll  
Fruit  
Low/No Fat Milk

Friday, Sept 27

Pulled Pork  
Tater Tots  
Baked Beans  
WG Roll  
Fruit  
Low/No Fat Milk

Monday, Sept 30

Pepperoni Pizza  
Corn  
Vegetable Medley  
Fruit  
Low/No Fat Milk

**“I don’t think I’ll ever grow old and say, ‘What was I thinking eating all those fruits and vegetables?’”**

**-Nancy S. Mure**