



October 5, 2016

## Mabry Elementary is participating in Walk to School Day on Wednesday, October 5, 2016

Join children and adults around the world to celebrate  
the benefits of walking and bicycling.

**What:** Mabry's first Walk to School Wednesday of the year!  
Start training for this year's Walk-a-thon by hopping on a "walking school bus" with your friends and neighbors. Three walking school buses will form, along designated and marked routes, bringing students and families from the North, South and West. After our walk to school, we will all meet at school in the field area on Estrella outside the 1<sup>st</sup> grade hallway for a mini-celebration! All student participants will receive a raffle ticket for a chance to win activity prize packs for their classroom.

**When:** Wednesday, October 5, 2016 at 7:10 a.m.

**Where:** Walk or drive to the walking school bus starting point closest to you. If you live along the way, see the time schedule for an estimated time of arrival. "Bus" routes and a schedule and be found on the back of this flyer.

**Why:** Friends, Family, Physical Activity and Fun!

\*\*\* With our focus on walking, there will be no workout in the pavilion this month. Students are encouraged to go to the cafeteria for a free school breakfast after we celebrate our walk! \*\*\*

Learn more at

[walkbiketoschool.org](http://walkbiketoschool.org)

Walk to School Day is coordinated in the U.S.A. by  
the National Center for Safe Routes to School.

