

PERSONAL, VERSATILE, SIMPLE



# The Go365 App













Put the power in your pocket



Download the Go365 App today to your smartphone. Use it to help you stay on track in reaching your health and well-being goals.

## The App has it all

Look what you can do:

-  Challenge yourself and other Go365 members to private or community Challenges\*
-  Submit proof of eligible Activities for Points
-  Connect compatible devices
-  Personalize experiences with photos
-  Complete or update your Health Assessment in quick, two-minute sections
-  Explore ways to increase your Points total
-  Complete Activities that focus on areas such as weight, food and sleep tracking for Points\*\*
-  Check on your Go365 Age and Status
-  Sign up for HealthyFood<sup>1</sup>
-  Enroll and interact with a health coach<sup>2</sup>
-  See your Points history
-  Spend your Bucks in the Go365 Mall

Look how the Go365 App can make your life easier. Sign in today.



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\*Members earn 50 Points for joining a Challenge and 50 more for joining a Challenge team, up to a maximum of 100 combined Points per month no matter how many Challenges and Challenge teams a member may join.

\*\*Depending on the activity, Activities can be worth two Points a day or may have a weekly or monthly cap. Refer to the App for Points limits.

<sup>1</sup>HealthyFood is not available to all Go365 members. Sign in to your Go365.com account to determine your eligibility.

<sup>2</sup>Not all Go365 programs include working with a personal health coach.