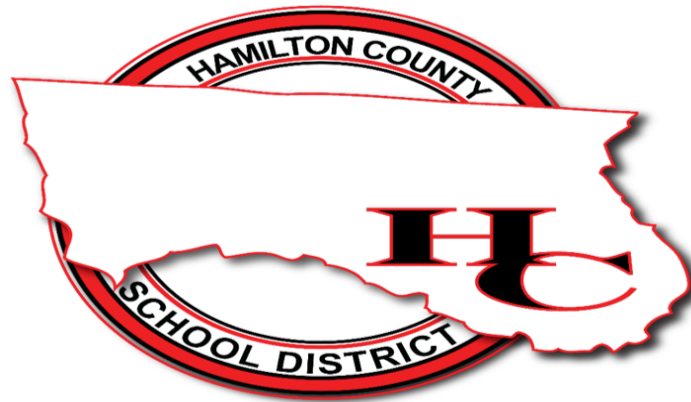


# **Hamilton County School District Mental & Emotional Health Education Implementation Plan (Grades 6-12)**



**2019-2020**

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## **Mental & Emotional Health Implementation Plan Overview**

- I.** State Board of Education Rule:
  - [6A-1.094121](#) Mental & Emotional Health Education
  
- II.** Name of the School District:
  - Hamilton County School District
  
- III.** Superintendent of the School District:
  - Mr. Rex L. Mitchell
  
- IV.** Implementation Period:
  - 12/2019 to 06/2020
  
- V.** Submission Date to the Commissioner:
  - 11/13/2019
  
- VI.** Direct URL (School District Website):
  - [www.hamiltonfl.com](http://www.hamiltonfl.com)
  
- VII.** School District Contact for this Plan:
  - Chris Combass, [chris.combass@hamiltonfl.com](mailto:chris.combass@hamiltonfl.com)

## **Instructional Delivery & Professional Qualifications**

- I. Specific Subject Areas of Instructional Delivery:
  - English/Language Arts (11<sup>th</sup> & 12<sup>th</sup>)
  - Science
  - Social Studies
  
- II. Professional Qualifications of Instructors for Above Courses:
  - Florida Certified Teacher
  - Youth Mental Health First-Aid Certification
  - Trained in our online Apex Learning Management System
  
- III. Timeline for Implementation:
  - Planning: 1<sup>st</sup> Semester
  - Instruction: 2<sup>nd</sup> Semester

**\*\*Extra support will be provided to instructors through our school-based mental health services.**

## Rationale for Instructional Delivery

I. The following grade levels and subject areas will be used to deliver instruction:

<b>Grade Level:</b>	<b>Subject Area:</b>
6 <sup>th</sup> Grade	In order to achieve implementation for all students within this grade level, instruction will be integrated into the 6 <sup>th</sup> Grade World History course.
7 <sup>th</sup> Grade	In order to achieve implementation for all students within this grade level, instruction will be integrated into the 7 <sup>th</sup> Grade Science course.
8 <sup>th</sup> Grade	In order to achieve implementation for all students within this grade level, instruction will be integrated into the 8 <sup>th</sup> Grade US History course.
9 <sup>th</sup> Grade	In order to achieve implementation for all students within this grade level, instruction will be integrated into the 9 <sup>th</sup> Grade World Geography course.
10 <sup>th</sup> Grade	In order to achieve implementation for all students within this grade level, instruction will be integrated into the 10 <sup>th</sup> Grade World History course.
11 <sup>th</sup> Grade	In order to achieve implementation for all students within this grade level, instruction will be integrated into the 11 <sup>th</sup> Grade ELA course.
12 <sup>th</sup> Grade	In order to achieve implementation for all students within this grade level, instruction will be integrated into the 12 <sup>th</sup> Grade ELA course.

**\*Any student not enrolled in previously mentioned courses will still be required to complete coursework via our online Apex Learning Management System.**

## Methods for Instructional Delivery

I. The following methods will be used to deliver instruction in each specified grade level:

<b>Grade Level:</b>	<b>Instructional Delivery Method</b>
6 <sup>th</sup> Grade	Curriculum will be delivered in a blended format utilizing direct instruction, cooperative learning, and online modules.
7 <sup>th</sup> Grade	Curriculum will be delivered in a blended format utilizing direct instruction, cooperative learning, and online modules.
8 <sup>th</sup> Grade	Curriculum will be delivered in a blended format utilizing direct instruction, cooperative learning, and online modules.
9 <sup>th</sup> Grade	Curriculum will be delivered in a blended format utilizing direct instruction, cooperative learning, and online modules.
10 <sup>th</sup> Grade	Curriculum will be delivered in a blended format utilizing direct instruction, cooperative learning, and online modules.
11 <sup>th</sup> Grade	Curriculum will be delivered in a blended format utilizing direct instruction, cooperative learning, and online modules.
12 <sup>th</sup> Grade	Curriculum will be delivered in a blended format utilizing direct instruction, cooperative learning, and online modules.

**\*Online coursework will be delivered via our Apex Learning Management System.**

## Materials & Resources for Instructional Delivery

- I. The following materials and resources will be used to deliver instruction in each specified grade level:

<b>Grade Level:</b>	<b>Materials &amp; Resources:</b>
Grades 6-12	<p>Instructors will require access to student laptops and a projector. The Apex online learning management system will serve as the primary resource for delivering at least 5 hours of instruction to all students in Grades 6-12. The digital curriculum provided to our district through the Apex Mental and Emotional Health Education course will be divided into 3 Units.</p> <ul style="list-style-type: none"><li data-bbox="667 971 1818 1352">➤ In Unit 1, students will complete lessons introducing them to health education and influences on mental and emotional health; learn how to take control of their own health; analyze stress management and self-esteem; learn how the environment impacts their mental and emotional health; learn about the causes and ways to prevent suicide; learn about ways to prevent violence; and learn about strategies which can help them communicate more efficiently.</li></ul>

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- In Unit 2, students will complete lessons in which they learn about the effects of alcohol, tobacco, and other drugs; learn about how drug usage can affect their life; learn how to talk about and avoid risky behaviors surrounding drugs; learn about ways to protect themselves and help others with drug abuse; and learn how to advocate against alcohol, drugs, and tobacco.
- In Unit 3, students will complete lessons in which they learn about the benefits of developing short and long term goals and how to set attainable goals for college; learn how to utilize time-management; learn the benefits of conflict resolution and problem solving; learn to call on trusted resources such as school personnel, community members, and family when they need help; and learn how to assess the characteristics of their friends as well as peer influences on their behavior.

In regards to additional resources, the Hamilton County School District is proud to partner with Sandy Hook Promise. During “Say Something Week,” March 2-6, 2020, teachers in the specified subject areas of instructional delivery will guide students through



steps of the Say Something Program utilizing Power Points and resources provided through Sandy Hook Promise. Using teacher-directed instruction, students will learn how to identify and look for warning signs; learn about the importance of acting immediately; and learn about the significance of “Saying Something.” During the implementation process, teachers will also provide students with a district-created Power Point reviewing the importance as well as set-up process of our suspicious activity reporting tool, FortifyFL. This FortifyFL presentation along with other important safety and mental health resources is available at [www.hamiltonfl.com/safety](http://www.hamiltonfl.com/safety).

*\*It should be noted that the content and framework for this implementation plan was chosen and developed with the following topics in mind: Recognition of signs and symptoms of mental health disorders; prevention of mental health disorders; mental health awareness and assistance; how to reduce the stigma around mental health disorders; awareness of resources, including local school and community resources; the process for accessing treatment, strategies to develop healthy coping techniques; strategies to support a peer, friend, or family member with a mental health disorder; prevention of suicide; and prevention of the abuse of and addiction to alcohol, nicotine, and drugs.*

## Data Tracking & Reporting

- I. The Coordinator of Safety and Mental Health, School Safety Specialist, will provide a report to the Commissioner of Education by **July 1<sup>st</sup>** of each year verifying completion of instruction.
  
- II. The report must also include:
  - a. The specific courses in which instruction was delivered for each grade level.
  - b. The professional qualifications of those delivering instruction.
  - c. A description of the materials and resources utilized to deliver instruction.
  
- III. Reports must be submitted to [MentalHealthEducation@fldoe.org](mailto:MentalHealthEducation@fldoe.org).