


AUGUST 2019 MENU FOR SUWANNEE INTERMEDIATE SCHOOL

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<p align="center"><u>8/12/19</u></p> <p><u>BREAKFAST</u> BREAKFAST PIZZA GOLDEN GRAHAM CEREAL W/CRACKER FRUIT CUP APPLE JUICE CHOICE OF LOW FAT MILK</p> <p><u>LUNCH</u> CHICKEN NUGGETS SALISBURY STEAK MASHED POTATOES GREEN BEANS GARDEN SALAD FRUIT CUP MIXED GRAPE JUICE CHOICE OF LOW FAT MILK</p>	<p align="center"><u>8/13/19</u></p> <p><u>BREAKFAST</u> SAUSAGE BISCUIT BLUEBERRY POPTART FRUIT CUP ORANGE JUICE CHOICE OF LOW FAT MILK</p> <p><u>LUNCH</u> BEEFY NACHO AND CHEESE TACO W/SHELL CHEESE BLACK BEANS/SALSA CORN GARDEN SALAD FRUIT CUP FRUIT BLEND JUICE CHOICE OF LOW FAT MILK</p>	<p align="center"><u>8/14/19</u></p> <p><u>BREAKFAST</u> <u>SCRAMBLE EGGS</u> <u>GRITS</u> <u>BACON</u> <u>CINNAMON TOAST</u> <u>CEREAL W/ GRAHAM</u> <u>FRUIT CUP</u> <u>FRUIT BLEND JUICE</u> <u>CHOICE OF LOW FAT</u> <u>MILK</u></p> <p><u>LUNCH</u> <u>MACARONI CHEESE</u> <u>W/HAM</u> <u>QUESADILLA/SALSA</u> <u>STEAMED BROCCOLI</u> <u>BABY FRESH CARROTS</u> <u>GARDEN SALAD</u> <u>MIXED FRUIT CUP</u> <u>GRAPE JUICE</u> <u>CHOICE OF LOW FAT</u> <u>MILK</u></p>	<p align="center"><u>8/15/19</u></p> <p><u>BREAKFAST</u> FRENCH TOAST STICKS SYRUP COCOA CHERRY BAR FRUIT CUP ORANGE JUICE CHOICE OF LOW FAT MILK</p> <p><u>LUNCH</u> BBQ PULLED PORK W/ BUN HOT DOG W/ BUN BAKED BEANS COLESLAW GARDEN SALAD FRUIT PEARS APPLE JUICE CHOICE OF LOW FAT MILK</p>	<p align="center"><u>8/16/19</u></p> <p><u>BREAKFAST</u> COFFE CAKE WITH CINNAMON CRUMBLE LUCKY CHARMS W/CRACKER FRUIT CUP FRUIT BLEND JUICE CHOICE OF LOW FAT MILK</p> <p><u>LUNCH</u> PORK RIBLETTE SANDWICH ON BUN PBJ BOAT/CHEESE STICK/CRACKER CORN FRESH VEGGIE CUP GARDEN SALAD APPLESAUCE GRAPE JUICE CHOICE OF LOW FAT MILK</p>
<p align="center"><u>8/19/19</u></p> <p><u>BREAKFAST</u> BREAKFAST PIZZA GOLDEN GRAHAM CEREAL W/CRACKER FRUIT CUP APPLE JUICE CHOICE OF LOW FAT MILK</p> <p><u>LUNCH</u> CHICKEN PATTY W/BUN FISH PATTY W/ BUN BAKED BEANS COLESLAW GARDEN SALAD FRUIT CUP MIXED GRAPE JUICE CHICE OF LOW FAT MILK</p>	<p align="center"><u>8/20/19</u></p> <p><u>BREAKFAST</u> CHICKEN BISCUIT BLUEBERRY POPTART FRUIT CUP ORANGE JUICE CHOICE OF LOW FAT MILK</p> <p><u>LUNCH</u> CHICKEN AND RICE HOAGIE SANDWICH BROCC/ COLLARDS GLAZED CARROTS/ACORN SQUASH FRESH VEGGIE CUP FRESH ORANGES FRUIT BLEND JUICE CHOICE OF LOW FAT MILK</p>	<p align="center"><u>8/21/19</u></p> <p><u>BREAKFAST</u> <u>SCRAMBLE EGGS</u> <u>GRITS</u> <u>BACON</u> <u>CINNAMON TOAST</u> <u>CEREAL W/ GRAHAM</u> <u>FRUIT CUP</u> <u>FRUIT BLEND JUICE</u> <u>CHOICE OF LOW FAT</u> <u>MILK</u></p> <p><u>LUNCH</u> <u>SPECIALTY PIZZA</u> <u>QUESADILLA W/ SALSA</u> <u>GREEN BEANS</u> <u>GARDEN SALAD</u> <u>PINEAPPLE CUP</u> <u>GRAPE JUICE</u> <u>CHOICE OF LOW FAT</u> <u>MILK</u></p>	<p align="center"><u>8/22/19</u></p> <p><u>BREAKFAST</u> FRENCH TOAST STICKS SYRUP COCOA CHERRY BAR FRUIT CUP ORANGE JUICE CHOICE OF LOW FAT MILK</p> <p><u>LUNCH</u> SPAGHETTI W/MEAT SAUCE HOAGIE SANDWICH CORN GARDEN SALAD FRESH VEGGIE CUP FRUIT PEACHES APPLE JUICE CHOICE OF LOW FAT MILK</p>	<p align="center"><u>8/23/19</u></p> <p><u>BREAKFAST</u> COFFE CAKE WITH CINNAMON CRUMBLE LUCKY CHARMS W/CRACKER FRUIT CUP FRUIT BLEND JUICE CHOICE OF LOW FAT MILK</p> <p><u>LUNCH</u> HAMBURGER ON BUN CORNDOG HASHBROWN/FRIES FRESH VEGGIE CUP APPLESAUCE GRAPE JUICE CHOICE OF LOW FAT MILK</p>

AUGUST 2019 MENU FOR SUWANNEE INTERMEDIATE SCHOOL

<p><u>8/26/19</u> NO SCHOOL TODAY FOR STUDENTS PD DAY</p> 	<p><u>8/27/19</u> BREAKFAST SAUSAGE BISCUIT BLUEBERRY POPTART FRUIT CUP ORANGE JUICE CHOICE OF LOW FAT MILK</p> <p>LUNCH BEEFY NACHO AND CHEESE TACO W/SHELL CHEESE BLACK BEANS/SALSA CORN GARDEN SALAD FRUIT CUP FRUIT BLEND JUICE CHOICE OF LOW FAT MILK</p>	<p><u>8/28/19</u> BREAKFAST <u>SCRAMBLE EGGS</u> <u>GRITS</u> <u>BACON</u> <u>CINNAMON TOAST</u> <u>CEREAL W/ CRACKER</u> <u>FRUIT CUP</u> <u>FRUIT BLEND JUICE</u> <u>CHOICE OF LOW FAT MILK</u></p> <p>LUNCH <u>MACARONI CHEESE W/HAM</u> <u>QUESADILLA/SALSA</u> <u>STEAMED BROCCOLI</u> <u>BABY FRESH CARROTS</u> <u>GARDEN SALAD</u> <u>MIXED FRUIT CUP</u> <u>GRAPE JUICE</u> <u>CHOICE OF LOW FAT MILK</u></p>	<p><u>8/29/19</u> BREAKFAST FRENCH TOAST STICKS SYRUP COCOA CHERRY BAR FRUIT CUP ORANGE JUICE CHOICE OF LOW FAT MILK</p> <p>LUNCH BBQ PULLED PORK W/ BUN HOT DOG W / BUN BAKED BEANS COLESLAW GARDEN SALAD DICED PEARS APPLE JUICE CHOICE OF LOW FAT MILK</p>	<p><u>8/30/19</u> BREAKFAST COFFE CAKE WITH CINNAMON CRUMBLE LUCKY CHARMS W/CRACKER FRUIT CUP FRUIT BLEND JUICE CHOICE OF LOW FAT MILK</p> <p>LUNCH PORK RIBLETTE SANDWICH ON BUN PBJ BOAT/CHEESE STICK/CRACKER CORN FRESH VEGGIE CUP GARDEN SALAD APPLESAUCE GRAPE JUICE CHOICE OF LOW FAT MILK</p>
--	--	---	---	--

MENU ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Breakfast is available at all Suwannee County Schools

Suwannee County Schools will participate in Summer Feeding Program.

Call 211 to find the closet feeding site to you

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint_filing_cust.html]http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
fax: (202) 690-7442; or

email: [<mailto:program.intake@usda.gov>]program.intake@usda.gov.

This institution is an equal opportunity provider.