







NOVEMBER MENU 2022

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
<u>11/7/22</u> <u>BREAKFAST</u> POPTART/CEREAL GRAHAM CRACKER FRUIT CUP/ JUICE MILK <u>LUNCH</u> SAILSBURY STEAK MASHED POTATOES W/GRAVY GREEN BEANS SANDWICH W/CHIPS SALAD CUP FRUIT CHOICE OF MILK	<u>11/8/22</u> <u>BREAKFAST</u> CHICKEN BISCUIT NUTRI-GRAIN BAR GRAHAM CRACKER FRUIT CUP/JUICE MILK <u>LUNCH</u> QUESSADILLA/BURRITO CORN/BLACK BEANS SANDWICH W/CHIPS SALAD CUP FRUIT CUP CHOICE OF MILK	<u>11/9/22</u> <u>BREAKFAST</u> BAGEL W/JELLY CEREAL BAR GRAHAM CRACKER JUICE/FRUIT MILK <u>LUNCH</u> MAC/CHEESE STEAMED BROCCOLI SANDWICH W/CHIPS SALAD CUP FRUIT CUP CHOICE OF MILK	<u>11/10/22</u> <u>BREAKFAST</u> SAUSAGE ON A STICK COCOA CHERRY BAR GRAHAM CRACKER FRUIT CUP JUICE MILK <u>LUNCH</u> CORNDOG BAKE BEANS SANDWICH W/CHIPS SALAD CUP FRUIT CUP CHOICE OF MILK	<u>11/11/22</u> <u>NO SCHOOL TODAY</u> <u>DUE TO VETERANS</u> <u>DAY.</u> 
<u>11/14/22</u> <u>BREAKFAST</u> CEREAL /CEREAL BAR GRAHAM CRACKER JUICE/FRUIT MILK <u>LUNCH</u> CHICKEN NUGGETS RICE W/ GRAVY GREEN BEANS SANDWICH W/ CHIPS SALAD CUP FRUIT CUP CHOICE OF MILK	<u>11/15/22</u> <u>BREAKFAST</u> HONEY BUN/POPTART GRAHAM CRACKER JUICE/FRUIT MILK <u>LUNCH</u> BEEF OR CHICKEN TACO CORN/BLACK BEANS SANDWICH W/CHIPS SALAD CUP FRUIT CUP CHOICE OF MILK	<u>11/16/22</u> <u>BREAKFAST</u> EGGS/HASHBROWNS/HAM NUTRI GRAIN BAR GRAHAM CRACKER FRUIT/ JUICE MILK <u>LUNCH</u> PIZZA STEAMED BROCCOLI SANDWICH W/CHIPS SALAD CUP FRUIT CUP CHOICE OF MILK	<u>11/17/22</u> <u>BREAKFAST</u> MINI WAFFLES COCOA CHERRY BAR GRAHAM CRACKER FRUIT/JUICE MILK <u>LUNCH</u> BEEF-A-RONI W/ROLL SANDWICH W/CHIPS SALAD CUP FRUIT CUP CHOICE OF MILK	<u>11/18/22</u> <u>BREAKFAST</u> DONUT/CEREAL GRAHAM CRACKER FRUIT/ JUICE MILK <u>LUNCH</u> CHICKEN SANDWICH FRIES SANDWICH W/CHIPS SALAD CUP FRUIT CUP CHOICE OF MILK

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<p style="text-align: center;"><u>11/21/22</u></p> <p style="text-align: center;"><u>NO SCHOOL TODAY</u> <u>DUE TO</u> <u>THANKSGIVING</u> <u>BREAK</u></p> 	<p style="text-align: center;"><u>11/22/22</u></p> <p style="text-align: center;"><u>NO SCHOOL TODAY</u> <u>DUE TO</u> <u>THANKSGIVING</u> <u>BREAK</u></p> 	<p style="text-align: center;"><u>11/23/22</u></p> <p style="text-align: center;"><u>NO SCHOOL</u> <u>TODAY DUE TO</u> <u>THANKSGIVING</u> <u>BREAK</u></p> 	<p style="text-align: center;"><u>11/24/22</u></p> <p style="text-align: center;"><u>NO SCHOOL TODAY</u> <u>DUE TO</u> <u>THANKSGIVING</u> <u>BREAK</u></p> 	<p style="text-align: center;"><u>11/25/22</u></p> <p style="text-align: center;"><u>NO SCHOOL TODAY</u> <u>DUE TO</u> <u>THANKSGIVING</u> <u>BREAK</u></p> 
<p style="text-align: center;"><u>11/28/22</u></p> <p><u>BREAKFAST</u> CEREAL /CEREAL BAR GRAHAM CRACKER FRUIT/ JUICE MILK</p> <p><u>LUNCH</u> CHICKEN AND RICE GREEN BEANS SANDWICH W /CHIPS SALAD CUP FRUIT CUP CHOICE OF MILK</p>	<p style="text-align: center;"><u>11/29/22</u></p> <p><u>BREAKFAST</u> CHICKEN BISCUIT NUTRI GRAIN BAR GRAHAM CRACKER FRUIT/ JUICE MILK</p> <p><u>LUNCH</u> CHEESEY BREAD STICK CORN SANDWICH W/CHIPS SALAD CUP FRUIT CHOICE OF LOW FAT MILK</p>	<p style="text-align: center;"><u>11/30/22</u></p> <p><u>BREAKFAST</u> EGGS/HASHBROWNS/HAM POPTART GRAHAM CRACKER FRUIT CUP JUICE MILK</p> <p><u>LUNCH</u> PIZZA STEAMED BROCCOLI SANDWICH W/CH SALAD CUP FRUIT CHOICE OF LOW FAT MILK</p>	<p style="text-align: center;"><u>12/1/22</u></p> <p><u>BREAKFAST</u> FRENCH TOAST STICKS COCOA CHERRY BAR GRAHAM CRACKER FRUIT/ JUICE MILK</p> <p><u>LUNCH</u> SPAGHETTI W/ROLL GREEN BEANS SANDWICH W/CHIPS SALAD CUP FRUIT CHOICE OF LOW FAT MILK</p>	<p style="text-align: center;"><u>12/2/22</u></p> <p><u>BREAKFAST</u> BLUEBERRY MUFFIN CEREAL GRAHAM CRACKER FRUIT/ JUICE MILK</p> <p><u>LUNCH</u> CHICKEN SANDWICH FRIES SANDWICH/WCHIPS SALAD CUP FRUIT CHOICE OF MILK</p>

NOVEMBER MENU 2022

<u>12/05/22</u> BREAKFAST CEREAL GRAHAM CRACKER FRUIT/JUICE MILK LUNCH CHICKEN NUGGETS RICE W/GRAVY GREEN BEANS SALAD CUP SANDWICH W/CHIPS FRUIT MILK	<u>12/06/22</u> BREAKFAST CEREAL/CEREAL BAR GRAHAM CRACKER JUICE/FRUIT MILK LUNCH QUESADILLA/CALZONE CORN/BLACK BEANS SANDWICH W/CHIPS SALAD CUP FRUIT CHOICE OF MILK	<u>12/07/22</u> BREAKFAST HONEY BUN POPTART GRAHAM CRACKER JUICE/FRUIT MILK LUNCH MAC & CHEESE STEAMED BROCCOLI SANDWICH W/CHIPS SALAD CUP FRUIT CHOICE OF MILK	<u>12/08/22</u> BREAKFAST SAUSAGE ON A STICK NUTRI GRAIN BAR GRAHAM CRACKER FRUIT/ JUICE MILK LUNCH CORNDOG BAKE BEANS SANDWICH W/CHIPS SALAD CUP FRUIT CHOICE OF LOW FAT MILK	<u>12/9/22</u> BREAKFAST DONUT/CEREAL GRAHAM CRACKERE FRUIT/ JUICE MILK LUNCH HAMBURGER/CHEESEBURGER OVEN FRIES SANDWICH W/CHIPS SALAD CUP RUIT CHOICE OF LOW FAT MILK
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MENU ARE SUBJECT TO CHANGE DUE TO AVAILABILITY

Breakfast is available at all Suwannee County Schools

Suwannee County Schools will participate in Summer Feeding Program.

Call 211 to find the closet feeding site to you

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Mail:

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 Office of the Assistant Secretary for Civil Rights
 1400 Independence Avenue, SW
 Washington, D.C. 20250-9410;

Fax: (202) 690-7442; or

Email: [<mailto:program.intake@usda.gov>] program.intake@usda.gov