

THIS IS A SAMPLE!!!
DELETE THE SECTIONS IF THEY DO NOT APPLY!!

Senior Information Sheet

[Use headings for sections that apply to you. List in chronological order, most recent first]

Name: _____

Academic GPA (6 Semesters)

Unweighted: _____

Include only if taking tests.

ACT: _____ SAT Subject Tests: _____
Subject & Score Subject & Score

Future Goals (possible careers, colleges applying, and possible majors):

I plan to attend El Camino Community College in the fall and transfer to a four-year college. I will determine my major after exploring my opportunities in the subject areas that interest me.

OR

I plan to attend a four-year university to major in engineering and pursue a career as an Electrical Engineer. I intend to apply to UC Santa Barbara, CSU Long Beach, or Chapman University.

OR

I plan to major in graphic design at El Camino College and transfer to a four-year university. I plan to pursue a career in animation or architecture.

Examples Only:
Pick one statement that fits you.

Awards/Honors (name of award, high school grade level awarded):

- Principal's Honor Roll (12, 11, 10, 9) – 3.5 GPA or better
- California Scholarship Federation (CSF) (12, 11, 10)
- National Honor Society (NHS) (12, 11)
- Girl Scouts Gold Award (or Boy Scouts Eagle Award) (12)
- Scholar-Athlete Award – J.V. Softball (10, 9)
- Golden State Honors in Algebra (9)

Note:
List awards starting with the **most recent** received *first!*

Special interests, hobbies, talents:

- Music – Played piano since the age of 10
- Computers – Programming
- Bowling
- Biking

High School Organizations/Service (name of organization, activities, total hours, and grade level):

- Yearbook Senior Editor (12) (100 hr.)
 - Review articles and layouts
- Key Club (12, 11, 10) (85 hr.)
 - Nature Walk-Wilderness Park – Conducted tour of park
 - American Heart Association Walk – Registered participants
 - Heal the Bay Clean-up – Picked up trash from beach sites
- Water Polo Team (12, 11) (30 hr.)
 - Run game clock, record scores during games
 - Assist with pool set-up and clean-up
- Ecology Club (10, 9) (22 hr.)
 - Beach Cleanups – Cleared trash from beach sites
 - MCHS Garden – Weeded, helped maintain garden
 - Water testing – Assisted with testing of water from local beaches

Note: List most recent participation *first!* Include service activities and total hours with each MCHS organization.

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List most recent *first*, with service activities and total hours.

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Student Government (ASB) (grade level, total hours, activities):

- Associated Student Body (ASB) [position] (217 hrs.) (11, 10)
 - Blood Drive – Organized and provided patient care
 - Helped coordinate campus club activities

Athletic Teams/Band (name of sport, Varsity/JV/Frosh-Soph, grade level):

- Water Polo – Varsity (12, 11), Frosh/Soph (10) – Team Captain (12, 11)
- Cheer Squad (12, 11) – Captain (12)
- Drill Team (11, 10)
- Band – Lead Trumpet in Jazz Band (11)
- AYSO Region 18 (5 through 11)
- Volleyball – J.V. (10, 9)
- Soccer – Frosh/Soph (9)

Note: List most recent participation *first!* Include non-school sports teams, if participated while in high school.

Non-School Service (name of organization, total hours, duties, grade level):

- Little Company of Mary Hospital (12, 11) (220 hrs.)
 - Filing, nurse's aid, deliver flowers to patients
- Community Baptist Church – Youth Group Leader (12, 11, 10) (120 hrs.)
 - Organize and conduct activities for children
- Friends of Manhattan Beach Library (67 hrs.) (11, 10)
 - Cataloging books, stocking shelves, reading to small children
- Girl Scouts (11, 10, 9) (107 hr.)
 - Wilderness Park Community Service project (directed troop refurbishing park pathways and planting new shrubbery)
- AYSO Region 18 (11, 10) (70 hrs.)
 - Coach for 7-8 year girls
 - Referee for soccer games
- SEA Laboratory (100 hrs. total) (10, 9)
 - Clean tanks, conduct tours

Note: List most recent service *first!* include total hours of service with each group and describe service performed.

Work experience (name of employer, hours per week, and duties – grade level):

- A, B, C Law Offices – May 2008 to present (15 hrs./week)
 - Receptionist, typing, filing
- Child Care (6 hrs./week) (11, 10)
 - Supervise children age 4 to 10, plan activities, prepare snacks

Note: List most recent employment *first!* Include hours per week and duties performed.