

See your provider from your home with Telehealth



# CONVENIENT

See your counselor or doctor anytime and from anywhere without leaving home



# EFFECTIVE

Studies show there is no difference in the quality of care received

From a computer, tablet, or smartphone



# SIMPLE

Compatible with most computing devices



# SAFE

Your privacy is secure

**1** Call: 352-374-5600 to set an appointment  
New clients press 2  
Current clients press 3

**2** Download Zoom for your device:  
<https://zoom.us>

**3** Attend your scheduled appointment using Zoom

# MERIDIAN

*Always within reach*

## Your Meridian and Your meridian

Your Meridian is a leading wellness provider in North Central Florida, specializing in mental health. Your meridian is “your highest point of development.” Both are **always within reach** because your Meridian is ready to help you in identifying, planning, and working towards your meridian. Through our caring services, outreach events, and compassionate communications, we have already had a positive impact upon hundreds of thousands of individuals and their families in your community. We are ready to do the same for you. To the right you will find an overview of the services we offer across our 16 locations and through the dedication of our 850+ staff of passionate professionals. Reach for both your Meridian and your meridian today!

To learn more, visit:  
[mbhci.org](http://mbhci.org)  
or call:  
(800) 330-5615

## Overview of Services

### Adult and Children

- Outpatient
  - Counseling
  - Intervention
  - Psychiatric
- Family Intervention
  - Child Welfare
  - Case Management
- Juvenile Drug Court

### Substance Use Disorders

- Outpatient:
  - Intervention
  - Day Treatment
  - Opiate Treatment
- Individual and Group Therapy
- Residential and Aftercare
- Mothers Intensive Supportive Treatment (MIST)
- Co-occurring Disorders Treatment

### Crisis

- Mobile Response Teams (MRTs)
- Crisis Stabilization Units (CSU):
  - Adult
  - Child
- Short Term Residential Treatment Center
- Crisis Support
- Family Crisis Intervention
- Detox

### Severe and Persistent Mental Illness

- Outpatient
  - Counseling
  - Intervention
  - Psychiatric
- Residential
  - Group Homes
  - Supported Apartments
  - Housing Support
- Homeless Enrichment Liaison Program
- Forensic Case Management
- Rehabilitation Services
- Supportive Employment Program

