

**Mission:**

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



**Rick Scott**  
Governor

**Celeste Phillip, MD, MPH**  
State Surgeon General

**Vision:** To be the Healthiest State in the Nation

## Healthy Choices by IMPACT

### Parent/Guardian Opt-Out Form

During the 2018-19 school year, Health Educators with the IMPACT program with The Florida Department of Health in Jefferson and Madison Counties will teach Healthy Choices using evidence-based curricula that have been proven effective in promoting positive health behaviors. The curricula and media materials are based on extensive research and have been proven effective in reducing teen pregnancy & STDs. Topics include setting boundaries, values and goals, reproductive anatomy, sexually transmitted diseases, benefits of abstaining from sex, related risks, skill building, negotiation skills, and healthy relationships.

**If you would like your child to participate in the Healthy Choices program, you do NOT need to return this form.**

However, if you do not want your child to participate in this educational program, you must sign this letter and return it to the school health office. This form must be sent back prior to the presentation being offered. If you have any questions or if you would like to review the materials, please feel free to contact Ms. LaToya Newby with the Florida Department of Health in Jefferson and Madison Counties at 850-408-0915.

My child, \_\_\_\_\_, will not participate in the Healthy Choices Program described above.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Parent Phone #

\_\_\_\_\_  
Date



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in Jefferson County**  
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