

Thank you for volunteering to help with the Happy Cart!

What/Where is the Happy Cart? There are actually two locations: one is the small room in the front office located across from the School Secretary's desk, and the other is inside the copy/supply area of the Early Childhood Center.

PLEASE NOTE: Unless you sign up for both stations, you only need to stock the Happy Cart station for which you signed up (Main Office or ECC).

The Happy Cart is where our faculty and staff can visit when they need a little 'pick me up'. Food and treats from the Happy Cart are 'grab and go'.

A few things to keep in mind...

Please let me know if you need to reschedule your commitment. I'll be happy to find someone to switch with you!

You will receive an email reminder the week before your scheduled snack week.

Stop by the Happy Cart area the week before your date to familiarize yourself with the space and see what snacks are left over from previous weeks

Please try to bring the majority of your snacks on the Friday afternoon BEFORE your week (Monday morning if bringing perishable goods). An empty Happy Cart on Monday afternoon is very sad.

*******IMPORTANT!!! BOTH OF THE HAPPY CART STATIONS ARE NUT FREE AREAS!!!! DO NOT BRING ANY FOOD ITEMS CONTAINING NUTS!!!!*******

What to Buy...

Please note that the list below serves as a list of suggestions to help you make your shopping list! Please consider bringing a variety of items to stock the Happy Cart space...a good 'rule of thumb' is 2 items from each category. Seasonal treats, paper goods, or décor are most definitely enjoyed! Home baked items are always encouraged and welcomed; even as a Friday morning treat!

Candy

Jolly Ranchers

Mini candy bars (but nothing with nuts or peanut butter)

Individually wrapped mints/gum Individually wrapped dark chocolate

Refrigerator Items

Individually wrapped cheese (string, Laughing Cow, Babybel rounds)

Yogurt

Cups of berries

Frozen treats (Italian Ice, popsicles)

Drinks

La Croix

Izze

Bottled tea

Soft drinks

Flavored water

Instant drink packets (cold – Crystal Light, Dasani or hot – cider, tea, hot chocolate)

Fruit

Apples (green and red) Oranges

Clementines

Grapes

Bananas

Individually Bagged Snacks Cookies

Popcorn

Pretzels

Chips Granola bars Cereal bars Snack cakes Mini muffins

Thank you for helping with the Happy Cart! This is an amazing way to tell our Bright School Faculty and Staff how much they are appreciated!!!

*******Questions? Email/text/call Allison Cyrus: Allison.Cyrus@LMUNET.edu | 423.400.1396*******