



# Seahawk Sentinel



*Mission: To provide a safe and supportive learning community where every student experiences success.*

*Vision: We believe that the most promising strategy for achieving the mission of Cape Elementary is to develop our capacity to function as a professional learning community.*

February 2, 2018

## ***A MESSAGE FROM YOUR ADMINISTRATORS***

Dear Cape Families,

February is the month when we celebrate and remember those who make our days immeasurably richer. We receive hugs, smiles and hear proud words about recent achievements from our students daily. The joys they share with us are the highlights of our days! The teachers at Cape are to be commended for their dedication to enriching and meeting our students' academic and social needs. Our support staff members including our paraprofessionals, office staff, cafeteria teams, and custodial crew give willingly to make sure our students, families and teachers are supported in their educational journey. You, as parents, are our partners, constantly offering your support wherever needed. We are all members of the Cape family, and it is that family that ensures fulfillment of our common goal, creating life-long learners.

Cape Elementary will have two special Grandparents' Days on February 7 for K, 1<sup>st</sup> and 2<sup>nd</sup> and February 8 for Grades 3, 4 and 5 from 8:00 a.m. to 10:00 a.m. We will provide a continental breakfast for our grandparents, and then they will have time to visit their grandchildren's classrooms. Our Scholastic Book Fair will also be open for families to visit during this time. Last year we had over 480 grandparents attend. If you can volunteer with the breakfast or at the book fair, please call Cape and let Mindy know.

Each year our students in 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> grade participate in the Florida Standards Assessments (FSA) for reading, math, writing and science. The specific dates and tests Cape will administer are included in this newsletter. Please mark your calendars now.

Cape will have their first Father-Daughter Dance on Friday, February 28 from 6:00 p.m. to 8:00 p.m. A flyer will be sent home in the next couple of weeks. Our Mother-Son dance will be held on Friday, April 27 from 6:00 p.m. to 8:00 p.m.

Thanks to all the parents who attended our Student-Led Conferences. It was great to see students sharing their goals and learning at SLC! Thanks also to the parents who filled out our mid-year surveys. We appreciate your feedback and will continue to improve in all that we do.

Safety continues to be a focus at Cape Elementary. We appreciate all the parents who walk their tardy students into the front office in the morning. We also thank parents who keep their phone numbers, addresses and email addresses up-to-date. Remember all communication including emergency communication will be through ParentLink. We send Parentlink messages about once a week via phone and email. If you have not received messages that means we do not have your correct information.

We continue to be thankful to lead Cape each day.

Sincerely,

Nicole Osterholm and Kristi Sund



## P T O

We hope that everyone had a relaxing holiday season and is off to a great start for 2018!

The World's Finest Chocolate fundraiser runs through Friday, February 9th! A huge thank you to everyone who is helping us raise much needed funds to shade our PE Blacktop!

Our next PTO meeting will be held on Tuesday, February 6th at 6:00 in the Cape Elementary library.

We will also be hosting a Chuck E Cheese Spirit Night on Wednesday, February 28th from 3-8pm. They will donate a percentage of all Cape sales back to Cape PTO.

Our 11th Annual Spring Fling is right around the corner!! If you know of a business that would be interested in being a sign sponsor please contact [capeelementarypto@gmail.com](mailto:capeelementarypto@gmail.com).

Thank you for supporting Cape Elementary!

### Volunteers Needed!

We are looking for a few parents to help create art projects with classes to be auctioned off at our first Fine Arts Night in March. Please email Ms. Osterholm at [NicoleDO@leeschools.net](mailto:NicoleDO@leeschools.net) if you are interested.

### The School Board of Lee County

Mary Fischer, District 1 (Chairman)

Jane E. Kuckel, PhD, District 6 (Vice Chairman)

Melisa W. Giovannelli, District 2

Chris N. Patricca, District 3

Steven K. Teuber, District 4

Pamela H. LaRiviere, District 5

Cathleen O'Daniel Morgan, District 7

Dr. Gregory K. Adkins, Superintendent

[www.leeschools.net](http://www.leeschools.net)

## Ask Your Kids!

Below are a few questions to ask your kids after school instead of "How was your day?"

- What made you smile today?
- Can you tell me an example of kindness you saw/ showed?
- What did you do that was creative?
- Who did you sit with at lunch?
- Was anyone in your class absent today?
- Tell me something you know today that you didn't know yesterday.
- Did you like your lunch?
- What was the hardest rule to follow today?
- If you could change one thing about your day, what would it be?
- What made your teacher smile?
- What made your teacher frown?
- What kind of person were you today?
- If you could switch seats with anyone in class, who would it be? And why?

## Field Days 2018

**KG & 1st Grade:** Monday, March 12th

**5th Grade:** Tuesday, March 13th

**4th Grade:** Wednesday, March 14th

**2nd & 3rd Grade:** Friday, March 16th

## Thank You Business Partners

Jungle Golf

Jim Fischer Realty

Starbucks

Quality Pest Control

Publix

Rib City

Perkins Restaurant

Dominoes Pizza

Walmart

Jason's Deli

Bob Evans Restaurant

Cape Coral First United Methodist Church

Horace Mann Insurance

Culver's

Stuff A Bagel



## February Counseling Corner

The district-wide character word for February is Honesty. This involves being truthful and trustworthy. The district's quote for the month is, "Tell the truth."

Since Valentine's Day takes center stage in February, let's take a look at combining our character word for the month and the most popular theme in February, love. Love is an action that needs to be practiced and demonstrated daily. Children need to hear the message that love can be communicated through acts of kindness, through respecting individuals for the content of their character, through putting someone else's needs first, and through choosing words that build people up versus tearing them down.

Speaking the truth in love not only shows compassion for other but also builds character. I may have the most honest thing to say to a person, but if it isn't spoken in love, chances are the person will not receive it well. Is it possible to be honest and truthful and to be kind and loving? Absolutely! Is it necessary to lie to a person in order to be considered kind? Absolutely not! Being thoughtful means that I may choose **NOT** to comment on someone's outfit. If the person **WEARING** the outfit asks me what I think, I can be honest and still make sure the person feels loved and cared for.

Teaching our children to speak the truth in love and to be thoughtful and kind is teaching our children how to be better adults. Communicating in love allows the message sender and the message receiver to navigate just about any topic. Please join with us in February in promoting honesty and love and in building these character traits in our future leaders here at Cape Elementary School.



## From Our School Nurse



### February is National Dental Health Month!

Lifelong habits begin at home. Make dental health part of your daily routine and share these reminders with your whole family:

- Brush your teeth at least twice a day with fluoride toothpaste. Drinking water after eating also helps to clear your teeth of food particles.
- Floss every day. An adult should help children under the age of eight to floss. Older children should be ready to floss on their own.
- Limit the number of times you eat snacks, especially the sticky ones and long lasting ones.
- Visit a dentist regularly for a routine check-up and a cleaning.
- Protect your teeth by wearing a mouth guard when playing sports.
- Don't forget to change your tooth brush regularly, and after an illness.

## FSA Testing Dates

### Please Mark your calendar now!

April 4th	Writes	Grade 4 & 5
May 1st & 2nd	ELA	Grade 3
May 3rd & 4th	ELA	Grade 4 & 5
May 8th & 9th	Math	Grade 4 & 5
May 10th & 11th	Math	Grade 3
May 15th & 16th	Science	Grade 5

## We Appreciate You!

**We appreciate all of our wonderful business partners who do so much for Cape Elementary everyday.**

**We want to give a special shout out to Jim Fischer Realty and Quality Pest Control for donating food and drinks for our recent Movie Night!**



# CARPE ELEMENTARY

## FEBRUARY 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1 Book Fair Begins	2 Book Fair Begins	3
4	5	6 PTO and SAC Meeting 6:00 p.m.	7 Grandparents' Day Grades KG, 1 & 2 8:00 a.m.—10:00 a.m.	8 Grandparents' Day Grades 3, 4 & 5 8:00 a.m.—10:00 a.m.	9 Interim Report Day Book Fair Ends World's Finest Fundraiser Ends	10	
11	12	13	14 Valentine's Day	15	16	17	
18	19 Presidents' Day School Closed	20 Teacher In-Service Day School Closed	21	22	23 Father Daughter Dance 6:00 p.m.—8:00 p.m.	24	
25	26 Read Across America Week	27	28 PTO Chuck E Cheese Night 3:00 p.m.—8:00 p.m.				