



Suwannee Intermediate School

EXCITE. ENGAGE. EXCEL

NOVEMBER 2018 NEWSLETTER

Jennifer Beach
Principal



Joe Eakins
Assistant Principal

From the Principal:



SIS, SES, and SPS are working together to help the students impacted by Hurricane Michael at Port St. Joe Elementary School. It is a PreK-6th grade school. If you would like to donate new clothes, socks, and/or shoes, please send them to Suwannee Intermediate School. Your support will be greatly appreciated.



The character education word of the month for November is Citizenship. The definition of Citizenship is: being a member of and supporting your community and country.

Thank you for all you do to support SIS. Let me know if you have any questions and/or concerns.

Sincerely,
Jennifer Beach

Jennifer.beach@suwannee.k12.fl.us

Important Dates

10/30-11/09 –Mixed Bag Designs Fundraiser

11/06/18 –Picture Retakes/Make-Ups

11/06/18 –SAC/APT Meeting 3:00 p.m.

11/08/18 –Big Wood Night 5:00-9:00 p.m.

11/10/18 –SGA Community YARD SALE

11/11/18 –Bulk Nation Fundraiser Begins

11/12/18 –Veteran’s Day Holiday

11/19-11/23–Thanksgiving Break



WE NEED YOU!

Please join us for SAC/APT Meeting on the first Tuesday each month. Next Meeting: **November 6, 2018**, at 3:00 p.m. in the SIS Media Center.



BIG WOOD NIGHT

Join SIS for supper Thursday, November 8th from 5:00-9:00. 25% of the proceeds will go to SIS!

HEALTHIER US CHALLENGE: LUNCHROOM AWARD

Congratulations to SIS cafeteria staff for receiving the Silver Award in the Healthier US School Challenge Lunchrooms Award!

Thank you SIS cafeteria staff for all you do to keep our students healthy!



FAMILY FOCUS

School ATTENDANCE: A Key to Success

One of the most important things your child can do to achieve academic success is also one of the most basic: **going to school every day**. In fact, research has shown that your child's attendance record may be the biggest factor influencing his or her academic success. Parents and families are essential partners in promoting good attendance because they, ultimately, have the bottom-line responsibility for making sure their children get to school every day.



Mixed Bag Designs Fundraiser: 40% of all sales go directly to Suwannee Intermediate School. Be sure to share the online link with friends and family.

www.mixedbagdesigns.com/suwannee-intermediate-school



SCHOOL NURSE NEWS

STOMACH ACHES...can be caused by gas, constipation, stress, overeating or a contagious stomach bug.

Symptoms: nausea, vomiting, diarrhea, constipation, sore throat, heartburn, fever, bloating, cramping or painful urination.

Think Prevention!

- ❖ Avoid overeating or eating right before bed
- ❖ Get plenty of fluids and fiber-rich foods like fruits and vegetables
- ❖ Reduce the amount of fatty, greasy foods
- ❖ Wash hands well especially before eating

SEEK MEDICAL ATTENTION if...

- ❖ The pain is frequent, increases or is severe
- ❖ It is difficult to walk
- ❖ There is signs of dehydration
- ❖ Bowel movements are bloody or black



Help your child meet their AR Goal this nine weeks. The Best 30 minutes a student can spend!

Research indicates that students must read 30 minutes each day independently to achieve at



SIS is sponsoring a Holiday Food Drive. Please send in non-perishable items from November 8-16, 2018. The class that donates the most items will receive a pizza party!



Contact Information

Address: 1419 SW Walker Avenue
Live Oak, Florida 32064

Phone: (386) 647-4700

Fax: (386) 364-2680

<http://sis.suwannee.k12.fl.us/>



<https://www.facebook.com/suwanneeintermediateschool>



SGA Community YARD SALE NEXT SATURDAY, November 10th, beginning at 8:00 a.m. on the Track.