

Digital Learning Routine

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
30-min ELA					
30-min Math					
15-min	Short Break – snack, restroom, quick family visit				
30-min History					
15-min	Short Break – snack, restroom, walk around the house				
30-min Science					
30-min FLEX					
DONE	REWARD YOURSELF FOR YOUR EFFORTS!!!				

FLEX is when you can email your teachers any questions, catch up on anything you maybe did not finish, get ahead if you're feeling it, and/or do the Mental Health course



NOTES / THOUGHTS / IDEAS