

# JUNE 2021

## National Internet Safety Month

### MONTHLONG EVENTS

- » Cataract Awareness Month
- » LGBT Pride Month
- » **National Internet Safety Month**
- » National Migraine & Headache Awareness Month
- » National Dairy Month
- » National Rivers Month
- » National Safety Month
- » National Zoo and Aquarium Month
- » PTSD Awareness Month
- » **Turkey Lovers' Month**

### SINGLE-DAY EVENTS

- » Marilyn Monroe's Birthday (June 1)
- » National Running Day (June 2)
- » National Cheese Day (June 4)
- » **Hot Air Balloon Day (June 5)**
- » D-Day Anniversary (June 6)
- » **National Cancer Survivors Day (June 6)**
- » World Oceans Day (June 8)
- » **Judy Garland's Birthday (June 10)**
- » Maurice Sendak's Birthday (June 10)
- » Vince Lombardi's Birthday (June 11)
- » Anne Frank's Birthday (June 12)
- » National Kitchen Klutzes of America Day (June 13)
- » Flag Day (June 14)
- » U.S. Army Birthday (June 14)
- » Harriet Beecher Stowe's Birthday (June 14)
- » Magna Carta Anniversary (June 15)
- » **National Flip-Flop Day (June 18)**
- » International Sushi Day (June 18)
- » First Day of Summer (June 20)
- » **Father's Day (June 20)**
- » First Harry Potter Book Published Anniversary (June 26)
- » Helen Keller's Birthday (June 27)

### WEEKLONG/MULTI-DAY EVENTS

- » National Fishing & Boating Week (June 5-13)
- » National Men's Health Week (June 14-20)
- » U.S. Open Golf Tournament (June 14-20)
- » **Pollinator Week (June 21-27)**

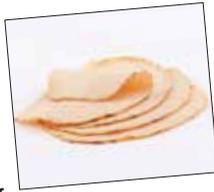


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## WHAT

### *Turkey Lovers Month*

You might think this event would be celebrated in November since millions of turkeys are consumed on Thanksgiving Day. However, two-thirds of the turkeys produced annually are actually consumed during the other 11 months of the year. Whether you grill it, smoke it, bake it or use ground turkey to make burgers or sausage, there are endless variations to try. Use the hashtags #nationalturkeyloversmonth when posting on social media to further promote your turkey menu items and see the January 2020 issue of *School Nutrition* for fun facts and recipe ideas.



## WHAT

### *National Internet Safety Month*

National Internet Safety Month is designated by the U.S. Congress and supported by the National Cyber Security Alliance. According to the U.S. Federal Trade Commission, as many as nine million Americans have their identities stolen each year. Stay current and engaged with cyber safety in summer by following three steps when going online:



- » **STOP.** Be vigilant and aware of your surroundings on the Internet. Understand the consequences of your actions and possible implications for your online privacy.
- » **THINK.** Be wary of requests from strangers. Your mom's advice of "don't talk to strangers" works equally as well online. Also, be aware of unsolicited requests from 'friends,' like your bank or credit card company. Requests for immediate action to click on a link or provide personal information should raise red flags.
- » **CONNECT.** Be sure you're on a secure site (https) when entering sensitive information such as passwords and credit cards. Use strong authentication tools like 2-factor authentication (2FA), especially when doing online banking and other financial transactions.

## FACT

### *Pollinator Week (June 21-27)*

Imagine a world without bright flowers, drippy honey or many fruits and vegetables. Pretty sad, right? Bees, bats,

hummingbirds, beetles and certain small mammals—one out of every three bites of food you eat can be credited to these pollinators, but their populations are on the decline. Help raise awareness to protect them:



- » Display colorful posters or hand out flyers with fun facts on common (or native) pollinators;
- » Serve pollinator-inspired dishes and foods (honey, apples, eggplant, cabbage, berries, etc.); and identify that they were brought by a pollinator!
- » Partner with teachers for fun classroom activities or host a letter-writing campaign to local legislators advocating for greater conservation efforts.

## WHAT

### *National Cancer Survivors Day (June 6)*

Held annually in hundreds of communities throughout the world on the first Sunday in June, National Cancer Survivors Day is a symbolic event to demonstrate that life after a cancer diagnosis can be a positive experience. The nonprofit National Cancer Survivors Day Foundation supports hundreds of hospitals, support groups and other cancer-related organizations that host events in their communities by providing free guidance, education and networking. For more information, visit [www.ncsd.org](http://www.ncsd.org).



## IDEA

### *Hot Air Balloon Day (June 5)*

On June 5, 1783, the first hot-air balloon flight was launched in Annonay, France, by brothers Joseph and Jacques Montgolfier. Their 33-foot-diameter globe "aerostatique" ascended 6,000 feet. In September, they repeated the experiment for King Louis XVI, using a sheep, rooster and duck as the balloon's passengers! Decorate your cafeteria or serving area with balloons to inspire your students to soar above and beyond on this day and post signs with fun messages. Partner with teachers on a classroom activity to create miniature hot-air balloons with craft materials and let younger students use washable finger-paint to draw miniature hot-air balloons.



## WHO

### *July Garland's Birthday (June 10)*

Known as one of America's greatest entertainers, the beautiful voice behind the iconic song "Somewhere Over the Rainbow" and the character of Dorothy in the children's classic movie *The Wizard of Oz*, July Garland had a career spanning 45 years in show business. Scouted by Metro Goldwyn Mayer when she was performing in vaudeville with her sisters, she was signed on to the studio as a teenager and went on to attain international stardom as both a singer and actress, coming back numerous times from personal struggles throughout her life to win multiple awards, including an Academy Award nomination for *A Star is Born* and being the first woman to win a Grammy award for Album of the Year for her 1961 live recording "Judy at Carnegie Hall."



## IDEA

### *National Flip-Flop Day (June 18)*

They come in all shades and colors, fancy or plain, beaded, bejeweled, and bedazzled—but no matter your style, there's no denying the popularity of flip flops! Slapping the backs of our feet as we head to the beach or the pool, flip flops are synonymous with warm summer days. You may not be able to wear flip flops at work, but you can still promote this fun day with inventive menu names, fun little flip flop giveaways, or even a pair of new flip flops to a lucky winner! The event was started in 2007 by Tropical Smoothie Café, which donates a portion of its proceeds to Camp Sunshine, a respite program for children with life-threatening illnesses and their families.



## WHAT

### *Father's Day (Jun 20)*

Where would we be without Dads? Every year, when the third Sunday in June rolls around children and adults alike show their hero why he's the best. From barbecues to DIY cards and gifts to social media tributes, we do our best to show Dad what he means to us. What are or were some of your Dad's favorite foods? Add something Dad-inspired to your menus this week and share stories and memorable quotes with your team and students, like this one:

- » "My father gave me the greatest gift anyone could give another person, he believed in me." Jim Valvano

