

# Seabreeze Wrestling

## Varsity Schedule 2020-21

Dec. 5 <sup>th</sup> :	Matanzas Duals	Matanzas HS	(9:00am)
Dec. 9 <sup>th</sup> :	New Smyrna Beach	Seabreeze High School	(5:00pm)
Dec. 11 <sup>th</sup> :	Capital City Classic	Florida State High School	(TBA)
Dec. 18 <sup>th</sup> :	Lyman Christmas tournament	Lyman High School	(TBA)
Jan. 8 <sup>th</sup> :	Keystone Memorial	Fleming Island High School	(TBA)
Jan. 9 <sup>th</sup> :	District Duals	Matanzas High School	(TBA)
Jan. 13 <sup>th</sup> :	Deltona Duals	Deltona High School	(7:00pm)
Jan. 14 <sup>th</sup> :	Regional Duals	TBD	(TBA)
Jan. 15 <sup>th</sup> :	Under the Lights	Brooksville Central High School	(TBA)
Jan. 23 <sup>rd</sup> :	Southern Paint Scuffle	Seabreeze High School	(8:00a)
Jan. 26 <sup>th</sup> :	Mainland Dual	Seabreeze High School	(5:00pm)
Jan. 29 <sup>th</sup> /30 <sup>th</sup> :	Flagler Rotary	Flagler Palm Coast High School	(TBA)
Feb. 6 <sup>th</sup> :	Timberwolves Duals	Chiles High School	(8:00am)
Feb. 17 <sup>th</sup> :	District	TBD	(TBA)
Feb. 26 <sup>th</sup> :	Regionals	TBD	(TBA)
Mar. 5 <sup>th</sup> :	State	TBD	(TBA)

### Coaching Staff

Head Coach: Mike Fries

**Principal:** Joe Rawlings

**Assistant Principals:** Jeff Miller,

Stinamay Lagrotta, Dhand Pressley,

Lisa Gilbert, Tikija Picott

**Athletic Director:** Brad Montgomery

**Assistants:** Kerry Kramer,

Tarisa Craig-Craggy,

**Trainer:** Kelley Lemon

**Activities:** Tonia Morgan

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