Mental and Emotional Health Education
Implementation Plan

State Board of Education Rule: 6A-1.094121 Mental and Emotional Health Education

Name of the School District: Suwannee County Schools
Superintendent of the School District: Ted Roush
Implementation Period: (MM/YY – MM/YY) 8/19-5/20
Submission Date to the Commissioner: On 11/22/2019 sent to MentalHealthEducation@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website: www.suwannee.k12.fl.us
School District Contact(s) for this Plan (name and email address): Jennifer Barrs Jennifer.barrs@suwannee.k12.fl.us

Select the specific subject area(s) of the courses in which instruction will be delivered:

☐ Art – Visual Arts  ☐ Experimental Education  ☐ Peer Counseling  ☐ World Languages
☐ Computer Education  ☐ Health Education  ☐ Physical Education  ☐ Other
☐ Dance  ☐ Library Media  ☐ Research/Critical Thinking
☐ Drama – Theatre Arts  ☐ Mathematics  ☐ Science
☐ English/Language Arts  ☐ Music Education  ☐ Social Studies

Select the qualification(s) of the instructors for the above courses:

☐ Florida Certified Teacher
☐ Community-based Expert
☐ School Nurse
☐ School Counselor
☐ School Psychologist
☐ Other  District Mental Health Specialist

Please explain the rationale for delivering the instruction in the courses selected above for each grade level.

6: School based team determined integration in the Social Studies/Science course allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.

7: School based team determined integration in the Social Studies/Science course allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.

8: School based team determined integration in the Social Studies/Science course allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.

9: School based team determined integration in multiple courses allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.

10: School based team determined integration in multiple courses allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.
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11: School based team determined integration in multiple courses allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.

12: School based team determined integration in multiple courses allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.

Please describe the methods for delivering the instruction for each grade level.

6: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher. Face to face lessons will include lecture, discussion and worksheets.

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8: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher. Face to face lessons will include lecture, discussion and worksheets.

9: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher.

10: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher.

11: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher.

12: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

6-12: The Suwannee County School District is providing a mental wellness basics course in grades 6-12. EVERFI is a digital resource which provides an introduction to mental health education to middle and high school students. This program focuses on supporting students and identifying threats to mental health by self-awareness, self-management, relationship skills, social awareness and responsible decision making. Placing importance on mental health education in schools leads to less stigma and improves the overall mental health of students.

Self-contained special needs students will be provided mental wellness basics from Lauren’s Kids.