

# Mental and Emotional Health Education Implementation Plan



<b>State Board of Education Rule:</b>	<a href="#">6A-1.094121</a> Mental and Emotional Health Education
Name of the School District	Suwannee County Schools
Superintendent of the School District	Ted Roush
Implementation Period: (MM/YY – MM/YY)	8/19-5/20
Submission Date to the Commissioner	On 11/22/2019 sent to MentalHealthEducation@fldoe.org
Direct URL to the Implementation Plan as posted on the school district website	<a href="http://www.suwannee.k12.fl.us">www.suwannee.k12.fl.us</a>
School District Contact(s) for this Plan <i>(name and email address)</i>	Jennifer Barrs Jennifer.barrs@suwannee.k12.fl.us

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input checked="" type="checkbox"/> Art – Visual Arts	<input type="checkbox"/> Experimental Education	<input checked="" type="checkbox"/> Peer Counseling	<input type="checkbox"/> World Languages
<input checked="" type="checkbox"/> Computer Education	<input checked="" type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input checked="" type="checkbox"/> Other
<input checked="" type="checkbox"/> Dance	<input type="checkbox"/> Library Media	<input checked="" type="checkbox"/> Research/Critical Thinking	
<input checked="" type="checkbox"/> Drama – Theatre Arts	<input type="checkbox"/> Mathematics	<input checked="" type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input checked="" type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	
Select the qualification(s) of the instructors for the above courses:			
<input checked="" type="checkbox"/> Florida Certified Teacher			
<input type="checkbox"/> Community-based Expert			
<input type="checkbox"/> School Nurse			
<input checked="" type="checkbox"/> School Counselor			
<input type="checkbox"/> School Psychologist			
<input checked="" type="checkbox"/> Other District Mental Health Specialist			
Please explain the rationale for delivering the instruction in the courses selected above for each grade level.			
6: School based team determined integration in the Social Studies/Science course allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.			
7: School based team determined integration in the Social Studies/Science course allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.			
8: School based team determined integration in the Social Studies/Science course allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.			
9: School based team determined integration in multiple courses allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.			
10: School based team determined integration in multiple courses allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.			

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11: School based team determined integration in multiple courses allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.

12: School based team determined integration in multiple courses allows for all students access to the lessons provided by the teacher and the mental health specialist. These courses were selected based on student enrollment and minimal interruption to core academics.

Please describe the methods for delivering the instruction for each grade level.

6: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher. Face to face lessons will include lecture, discussion and worksheets.

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8: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher. Face to face lessons will include lecture, discussion and worksheets.

9: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher.

10: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher.

11: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher.

12: Grade appropriate instruction will be provided with a combination of online and face to face lessons facilitated by mental health specialist and supported by the teacher.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

6-12: The Suwannee County School District is providing a mental wellness basics course in grades 6-12. EVERFI is a digital resource which provides an introduction to mental health education to middle and high school students. This program focuses on supporting students and identifying threats to mental health by self-awareness, self-management, relationship skills, social awareness and responsible decision making. Placing importance on mental health education in schools leads to less stigma and improves the overall mental health of students.

Self-contained special needs students will be provided mental wellness basics from Lauren's Kids.