

\$\$\$\$\$ Fundraising \$\$\$\$\$

The School Board of Levy County is focused on providing schools with options to successfully raise funds for various student activities.

- ✚ A non-food item or a food item that meets the Smart Snacks requirements can be sold anytime.
- ✚ The sale of foods such as doughnuts, cookie dough, etc... sold outside of the school day* do not need to meet Smart Snack guidelines.
- ✚ The sale of ready-to-eat combination foods (entrees) during the school day* is considered competitive with the Food & Nutrition Services department sales and is not permitted.
- ✚ Schools are permitted a limited amount of exemptions to sell items that do not meet the Smart Snack guidelines. These events:

- Must be documented and submitted to the District Wellness Coordinator.
- May not allow items to be sold to students during school meal service.

*defined as midnight before the school day to 30 minutes after the end of school day

Ideas for Activities

Walk-a-thons
Dress Up / Down day
Car washes
Game nights (Bingo)
Yard sales
Pancake breakfast / Spaghetti dinner
Color Run

Ideas for items to Sell

School Spirit apparel
Seasonable decorations
Tote bags
Coupon books
Candles
Basket or Bundle of local goods
Donated Gift cards

Please refer to the full School Board of Levy County Wellness Policy / Plan at:

<http://www.levyk12.org/food-service>

This institution is an equal opportunity provider.

What can families do?

- ❖ Partner in creating healthier lifestyles at home.
- ❖ Support classroom and school events to have healthy food and beverage options and get kids physically active.
- ❖ Notify the teacher in advance if you would like to provide a snack to be passed out to the students at the end of the day.
- ❖ Provide healthy foods and beverages that meet the Wellness Policy & Plan guidelines.
- ❖ Note that students in your child's classroom may have *special dietary restrictions*.
- ❖ Send store bought food in original packaging.

Does your snack qualify? Find out using the **Smart Snacks Product Calculator**
<https://foodplanner.healthiergeneration.org/>

Student Achievement

Non-Food rewards are encouraged for recognition of classroom success and achievement.

Staff Support

SBLC staff members are encouraged to serve as positive role models and encourage all students to lead a healthy and active lifestyle.

What can the SBLC Food & Nutrition department do for classroom parties, celebrations, and special events?

- Provide qualifying food & beverage for a Pizza Party or an Outdoor BBQ!
- Assist with ordering 'Smart-Snack' approved food, beverage, or frozen treats.

For more information, please contact the SBLC Food & Nutrition Services department at (352)486-5244

School Board of Levy County Student Wellness Brochure

Commitment

The School Board of Levy County is committed to:

- providing safe and nurturing school environments that promote and protect children's health,
- encouraging healthy eating and physical activity, and
- supporting the development of healthy behaviors that will benefit students for their entire lives.

Food & Nutrition

The Food & Nutrition Services department menu every school day - free of charge - healthy options that meet the USDA guidelines for the National School Lunch program and the School Breakfast program.

Health & Nutrition Education

Students will be provided the nutrition education they need to adopt a healthy lifestyle. For more info, visit <https://www.choosemyplate.gov/>

Physical Education & Activity

Students will be provided physical education following the FLDOE Physical Education K-12 Standards, as well as daily recess for K-5 students.

Run Climb Flip Dance
Lift MOVE Walk
Stretch Jump Skip Bend
Twist Jump Skip Hop